

START LIST



10,000 Metres Women - Final

RECORDS	RESULT	NAME	COUNTRY	AGE	VENUE	DATE	
World Record	WR	29:17.45	Almaz AYANA	ETH	25	Rio de Janeiro (Estádio Olímpico)	12 Aug 2016
Championships Record	CR	30:04.18	Berhane ADERE	ETH	30	Paris Saint-Denis (Stade de France)	23 Aug 2003
World Leading	WL	30:40.87	Gelete BURKA	ETH	31	Hengelo (Blankers-Koen Stadion)	10 Jun 2017

5 August 2017 20:10 START TIME

ORDER	NAME	COUNTRY	DATE of BIRTH	PERSONAL BEST	SEASON BEST
1	Dera DIDA	ETH	26 Oct 96	30:56.48	30:56.48
2	Desi MOKONIN	BRN	12 Jul 97	31:19.00	31:19.00
3	Irene Chepet CHEPTAI	KEN	4 Feb 92	31:15.38	31:56.4
4	Natasha WODAK	CAN	17 Dec 81	31:41.59	
5	Miyuki UEHARA	JPN	22 Nov 95	31:38.80	31:48.81
6	Jess MARTIN	GBR	1 Oct 92	31:35.92	33:00.24
7	Yasemin CAN	TUR	11 Dec 96	30:26.41	31:18.20
8	Charlotte TAYLOR	GBR	17 Jan 94	32:11.80	32:11.80
9	Madeline HILLS	AUS	15 May 87	31:41.10	31:41.10
10	Failuna Abdi MATANGA	TAN	28 Oct 92	31:47.37	31:47.37
11	Agnes Jebet TIROP	KEN	23 Oct 95	31:56.0	31:56.0
12	Sitora KHAMIDOVA	UZB	12 May 89	31:57.77	
13	Shitaye ESHETE	BRN	21 May 90	30:47.25	31:54.95
14	Mercyline CHELANGAT	UGA	17 Dec 97		
15	Molly HUDDLE	USA	31 Aug 84	30:13.17	31:19.86
16	Sarah LAHTI	SWE	18 Feb 95	31:28.43	32:46.91
17	Almaz AYANA	ETH	21 Nov 91	29:17.45	
18	Camille BUSCOMB	NZL	11 Jul 90	31:45.02	31:45.02
19	Emily SISSON	USA	12 Oct 91	31:25.64	31:25.64
20	Tirunesh DIBABA	ETH	1 Jun 85	29:42.56	
21	Salome NYIRARUKUNDO	RWA	20 Dec 97	31:45.82	
22	Beth POTTER	GBR	27 Dec 91	32:03.45	32:04.63
23	Emily INFELD	USA	21 Mar 90	31:22.67	31:22.67
24	Carmen Patricia MARTÍNEZ	PAR	26 Dec 82	34:04.02	34:08.28
25	Eloise WELLINGS	AUS	9 Nov 82	31:14.94	
26	Daria MASLOVA	KGZ	6 May 95	31:36.90	32:21.21
27	Alice Aprot NAWOWUNA	KEN	2 Jan 94	29:53.51	31:50.5
28	Susan KRUMINS	NED	8 Jul 86	31:31.97	
29	Ayuko SUZUKI	JPN	8 Oct 91	31:18.16	31:41.65
30	Margarita HERNÁNDEZ	MEX	3 Dec 85	32:11.04	32:51.02
31	Rachel CLIFF	CAN	1 Apr 88	32:07.94	32:07.94
32	Mizuki MATSUDA	JPN	31 May 95	31:39.41	31:39.41
33	Carla Salomé ROCHA	POR	25 Apr 90	32:05.82	32:07.62

ALL-TIME OUTDOOR TOP LIST

RESULT	NAME	VENUE	DATE
29:17.45	Almaz AYANA (ETH)	Rio de Janeiro (Estádio Olímpico)	12 Aug 16
29:31.78	Junxia WANG (CHN)	Beijing (INOCAS)	8 Sep 93
29:32.53	Vivian Jepkemoi CHERUIYOT (KEN)	Estádio Olímpico	12 Aug 16
29:42.56	Tirunesh DIBABA (ETH)	Rio de Janeiro (Estádio Olímpico)	12 Aug 16
29:53.51	Alice Aprot NAWOWUNA (KEN)	Estádio Olímpico	12 Aug 16
29:53.80	Meselech MELKAMU (ETH)	Utrecht	14 Jun 09
29:59.20	Meseret DEFAR (ETH)	Birmingham, GBR	11 Jul 09
30:01.09	Paula RADCLIFFE (GBR)	München	6 Aug 02
30:04.18	Berhane ADERE (ETH)	Paris Saint-Denis (Stade de France)	23 Aug 03
30:07.15	Werknesh KIDANE (ETH)	Paris Saint-Denis (Stade de France)	23 Aug 03

SEASON OUTDOOR TOP LIST

RESULT	NAME	VENUE	2017
30:40.87	Gelete BURKA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
30:41.68	Senbere TEFERI (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
30:44.57	Belaynesh OLIJIRA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
30:56.48	Dera DIDA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
31:05.14	Rahma TUSA (ETH)	Hengelo (Blankers-Koen Stadion)	10 Jun
31:07.56	Veronica Nyaruai WANJIRU (KEN)	Hengelo (Blankers-Koen Stadion)	10 Jun
31:13.06	Meraf BAHTA (SWE)	Palo Alto, CA	5 May
31:17.20	Amy CRAGG (USA)	Palo Alto, CA	5 May
31:18.20	Yasemin CAN (TUR)	Baku (Olympic Stadium)	20 May
31:19.00	Desi MOKONIN (BRN)	Hengelo (Blankers-Koen Stadion)	10 Jun